

## Three easy steps for an at-home experience!



### BIG IDEA: BE STRONG AND COURAGEOUS

The Israelites had finally arrived at the doorstep of the Promised Land. Moses chose twelve leaders, one from each tribe, to scope out the land. Forty days later, they returned with a report of a land rich with resources. However, ten of the spies also reported that the people living in the land were big and powerful and could not be defeated. But Caleb and Joshua stood firm--believing in the power of God to deliver them once again. They stood up for what they knew was right, and in the end were the only two able to actually enter the land God had promised to the Israelites.



#### STEP ONE: READ THE BIBLE STORY

Numbers 13-14 from the NIV  
Pages 144-148 in the Read with Me Bible.



#### STEP TWO: WATCH THE TEACHING VIDEO

Available at [youtube.com/eastviewkids](https://youtube.com/eastviewkids)  
Restaurant Series - Week 5



#### STEP THREE: CHOOSE AN ACTIVITY

**FOR ALL KIDS:** With God's Help

**Materials:** Cups or soda cans, rubber bands

Being strong and courageous can be hard to do on our own! We need God's help!

Get some empty cans or plastic cups. Line them up on a table. These represent us trying to be brave on our own.

The rubber bands represent things that might make us feel scared. Shoot the rubber bands at the cans until they all fall over.

Now, fill the cans or cups with water. The water represents God. Shoot the rubber bands again. It will be much harder to knock over those cans, if not impossible! With God's help, we can stand strong!

**FOR OLDER KIDS:** The Potter and the Clay

**Materials:** Playdough, paper

**Preparation:** Write each of these phrases on separate pieces of paper:

- Telling a lie
- Stealing
- Sassing parents
- Arguing
- Disobeying parents
- Being mean
- Making a bad choice
- Being disrespectful
- Making fun of someone
- Fighting

# eastview kids family worship

Give each family member some playdough. They should divide the playdough into two pieces and form each piece into a bowl shape.

Now take out the prepared papers.

Pass out the papers to your family members. Each person should take a turn to read their paper out loud.

Then, everyone should poke one of their playdough bowls. They should always poke the same bowl and leave one unharmed.

Say: Which bowl looks better? Which bowl is shaped the way it was meant to be?

Isaiah 64:8 says, "Lord, you are our Father. We are the clay. You are the potter. Your hands made all of us."

What does this verse mean? What if we allow others to mold us, instead of God?

We might end up looking like this beat up bowl, instead of this nice bowl. Sometimes the friends we hang around with might influence us in a bad way. They might talk us into making bad choices and doing things we know are not honoring to God. In those times, we should think of these bowls.

It might be hard to be strong and courageous in these situations. But we should remember that God is with us and he is molding us to be who he wants us to be!