

Three easy steps for an at-home experience!



BIG IDEA: WE PRAY

When you love someone, you talk to them! Jesus prayed a lot! He talked to His Father all the time! That is how Jesus was able to live out God's will. Jesus taught us how to pray, too! Just like with our giving, prayer is not a show for others. It is how God builds a loving relationship with us and all his children. The Lord's Prayer is a great example for us to follow when we pray.



STEP ONE: READ THE BIBLE STORY

Matthew 6:5-15 in the NIV Bible.
Page 298 in the Read With Me Bible.

STEP TWO: WATCH THE TEACHING VIDEO

Available at youtube.com/eastviewkids
Life with Jesus - Week 5



STEP THREE: CHOOSE AN ACTIVITY

FOR ALL KIDS: Five Finger Prayer

Materials: None

Use this five-finger prayer to help your family know who to pray for! As you talk about each item, have your family member touch the appropriate finger.

Thumb: Prayers for those closest to you—your family and friends

Pointer: Prayers for those that point you in the right direction—teachers and other authority figures

Index: Prayers for those that lead us—government leaders

Ring: Prayers for those that are weak or in trouble or pain

Pinkie: Prayers for yourself and your own needs

FOR ALL KIDS: Just Ask

Materials: All family members should wear shoes and socks

Prayer is just talking to God--anytime, about anything. We can pray every day to ask God for His help to obey Him and follow His commands.

Let's do a little activity to help us understand a bit more. I want you to take off your shoes and socks just using your feet? Ready, go! Cheer each person on!

Great job! But it probably would have been quicker and easier to take off your shoes and socks using your hands, right? I asked you to do it the hard way.

When we think about obeying God and following His commands every day, sometimes we try to do that task the hard way, too. We try and try to obey, but we forget to first ask God for His help.

Let's listen to what Psalm 121:1-2 says: "I look up to the mountains. Where does my help come from? My help comes from the Lord. He is the Maker of heaven and earth."

God is always just a prayer away! We don't have to do anything special or go anyplace special to talk to Him. He is always there to help us and listen to us!



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