

Three easy steps for an at-home experience!



BIG IDEA: REPENT!

The story of the Israelites in the Old Testament is a constant back-and-forth. They follow God and are blessed. Then they turn from God, God gives them warnings that they don't listen to, and they are punished. Then they eventually turn back to God, and the whole thing starts over! You would think they would learn their lesson! God wanted them to repent—to turn from their sins and never go back! He wants the same from us today!



STEP ONE: READ THE BIBLE STORY

Our Bible story covers a lot of ground in the Old Testament. A good New Testament verse to refer to is Acts 3:19.

STEP TWO: WATCH THE TEACHING VIDEO

Available at youtube.com/eastviewkids
Believe It - Week 5



STEP THREE: CHOOSE AN ACTIVITY

FOR ALL KIDS: Turn It Around!

Materials: None

Repent means to do a complete turn-around. It means we turn completely away from our sin and turn towards God.

Play a game with your family to practice some turning! You could do this outside or inside. Have everyone line up on one side of the yard or room. They should start walking toward you. When you yell, "Repent!" they should turn around and start walking the other way.

Play the game with different types of moves—running, skipping, crawling.

Remind your family that God wants us to turn away from our sins and turn towards him! He wants us to repent!

FOR OLDER KIDS: Sins Revealed

Materials: Dark soda, buttons, spoon

God wants us to turn from our sins. But sometimes we try to hide them or ignore them. No matter how hard we try to hide them, our sins have a way of becoming known.

Let's do an experiment to illustrate. Pour about 4 oz of the dark cola into a drinking glass. This glass represents you, and the cola represents a place where we hide our sins in our hearts. The buttons represent sins. This button represents a time you told a lie. This button represents a time you watched a TV show you were not supposed to watch. This button represents the time you got angry at your sister or brother and hit them.

Now let's drop all of these buttons into the glass of soda. They will be hidden from our sight, just like the sins we try to hide. Drop the buttons into the soda. They will sink to the bottom at first and then float to the top.

Explain that we can keep our sins hidden for a little while, but eventually sin has a way of coming to the surface. Instead of trying to hide our sins, we need to turn from them. We need to repent. We can ask Jesus to forgive us, and He will. We can ask Him to help us not to repeat that sin. Use a spoon to take the buttons out of the soda. Say that now the soda is clean, just like our hearts are clean when Jesus removes the sin.



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