

## Three easy steps for an at-home experience!



### BIG IDEA: BE A GOOD FRIEND

Ruth sets an example for us to go above and beyond in our friendships. She could have done something easier, but she wanted to stick by Naomi and help her through this hard time. It's easy to be a good friend when everything is okay, but when our friends go through something and need us to be there for them, we find out how good of a friend we actually are.



#### STEP ONE: READ THE BIBLE STORY

Ruth 1 from the NIV  
Pages 164-166 in the Read with Me Bible.



#### STEP TWO: WATCH THE TEACHING VIDEO

Available at [youtube.com/eastviewkids](https://youtube.com/eastviewkids)  
God's Game Plan - Week 4



#### STEP THREE: CHOOSE AN ACTIVITY

**FOR ALL KIDS:** Friends Stick Together

**Materials:** None

Part of being a good friend is being faithful and loyal. That means we should stick with our friends! Play a stick-together game with your family! Have your family members pair up and lock elbows. Choose some obstacles to do in your house or outside if the weather permits. You could have the pair run to a designated spot and back. Or they could go up and down the stairs together. No matter what the task is, they cannot unlock their elbows.

Say: It may have been difficult to stay connected through all these obstacles! And sometimes being a good friend may be difficult. But with God's help, we can be faithful and loyal friends!

**FOR OLDER KIDS:** Dig Deeper

**Materials:** Bible, paper, markers

Look up some verses about friendship from the book of Proverbs! What does each verse tell us about friendship?

Here are the verses:

- Proverbs 18:24
- Proverbs 17:17
- Proverbs 22:11
- Proverbs 27:9
- Proverbs 4:10

On your piece of paper, write the letters F-R-I-E-N-D down the side. Work with your family to come up with a word or a phrase that begins with each letter. Each phrase should describe a good friend.