

## Three easy steps for an at-home experience!



### **BIG IDEA: God Has a Plan: Trust It**

Isaac and Rebekah had two sons, Jacob and Esau. Rebekah favored Jacob and Isaac favored Esau. Rebekah overheard Isaac promising to give Esau his blessing, but she wanted Jacob to have the blessing. So she convinced him to deceive his own father. Jacob deceived Isaac, and stole his brother's rightful blessing. When Esau found out, he was so angry he threatened to kill Jacob. Jacob had to flee, leaving his family and his home. Jacob's dishonesty not only destroyed relationships, but led to many more troubles down the road.



#### **STEP ONE:** READ THE BIBLE STORY

Genesis 27: 1-44 from the NIV  
Pages 56-66 in the [Read With Me Bible](#).



#### **STEP TWO:** WATCH THE TEACHING VIDEO

Available at [youtube.com/eastviewkids](https://youtube.com/eastviewkids)  
Around the Block - Week 3



#### **STEP THREE: CHOOSE AN ACTIVITY**

##### **FOR YOUNGER KIDS: Cover Up**

**Materials:** Permanent marker, wet wipe, band-aids

In our story today, Jacob made a very bad choice. He chose to lie to his father and trick him! His lie led to some bad consequences!

Do this activity with your family to help them understand that if they tell a lie, it is impossible to cover it up and eventually the truth will come out!

Show your family the marker.

Let's pretend that we were told not to touch or play with this marker, but we do it anyway. And we get the marker on our finger!

Give each family member a chance to write on their finger with the marker. (Be sure to remind everyone that you are just pretending for this activity to learn an important lesson).

Look at your finger. Uh-oh! Now everyone can see that we did touch and use the marker even though we weren't supposed to! Maybe we can rub it off!

Have everyone try to rub off the ink.

That didn't work! Actually, it smeared it around even more! Maybe we can get it off with a wet wipe (or wash cloth)!

Give each person a wet wipe and see if they can scrub it off.

That didn't work! We can still see the ink! Well, maybe we can cover it up with a band-aid!

# eastview kids family worship

Give everyone a band-aid and have them put it on their finger.

Is the ink stain still there? Yep.

You see, when we do something we are not supposed to do and then we tell a lie to try to cover it up, it just doesn't work! The truth will always show through.

What do you think would be the BEST thing to do in this situation? Well, the first best thing is to OBEY the first time and not get in a bad situation like this! But what if we mess up and we don't obey. Then what should we do? We should tell the TRUTH about what we did. There will still be consequences for not obeying, but if we choose to disobey AND lie about it, the consequences will be much worse!

## **FOR OLDER KIDS: Lies Don't Last!**

**Materials:** Playing cards, blocks or Lego bricks

In our story today, Jacob wanted something so bad that he decided to lie to and trick his own father! He quickly found out that being deceitful, or lying, can make things come crashing down!

This activity will help us to remember that lying only leads to trouble.

Read Proverbs 12:19: "Truthful words last forever. But lies last for only a moment."

Take out the playing cards and blocks or Lego bricks

Explain: I am going to build two houses. I am going to use cards to build the first house. Card houses are not very stable, so please don't wiggle around. Sometimes, you even have to hold your breath when you build card houses! Lying is a lot like building a house out of cards. At times, you may be nervous, hoping no one finds out about your lie. You may have to tell another lie to cover up for the first one. You can be sure that eventually the whole thing will come crashing down around you! Just like this card house.

Bump the card house to make it fall.

Now, I will build a house using these blocks. Compared to the card house, the block house is very strong and stable. You don't have to be nervous or hold your breath when you build your block house! This block house is a lot like the truth--you don't have to worry about it falling down. The truth is dependable and trustworthy. The truth lasts forever. When you tell the truth, people know they can count on you!

Let's pray to ask God to help us be truthful so we can be strong and dependable!

You may continue with the activity and have everyone take turns building card and block houses.