Eastview

COUNSELING REFERRAL LIST

Updated 9.30.26 · Eastview Church · Bloomington-Normal · 309-451-5000

The names listed are merely informational. Nothing herein should be construed as any type of guarantee by Eastview as to the quality or success of services rendered.

As you inquire into options for therapy, here are some helpful tips or questions: Are they contracted with your insurance? If their fee is a hurdle, do they have a sliding scale (according to income) or payment options? Your wellness is important, so ask how / if they can work with you.

PRIVATE PRACTICE COUNSELORS

Emily Barker, APRN, DNP, PMHNP-BC | 309-273-1098 | traumanp1098@gmail.com
Intensive EMDR & Parts Work Therapies for: Trauma, anxiety, authentic self, internal conflict, wrestling with faith

Alex Brucker, LCPC | El Paso, IL | 815-905-1205 | alexbruckercc@gmail.com
Individuals & families that have experienced trauma & are looking for hope & healing from a Christian perspective

Annette Larsen, LCPC, CSAT, CMAT | 309-530-3439 | larsenannette752@gmail.com
Sex / Porn addiction, intimacy / partner betrayal, financial disorders/ betrayal, couples seeking healing

Christina Burchette, PhD | Hoffmann Burchett Psychological Services, LLC | 309-830-8099
Trauma, depression, general issues, adults / young adults - no couples

Jenny Taylor, LCPC | Keri Powell Therapy | 217-352-0200
Life Changes, anxiety, depression

Karen Lee, LCPC, CSAT, CMAT | 309-826-2593 | karen.lee.lcpc@gmail.com
Sex / Porn addiction, betrayal trauma, affair recovery, EMDR, First Responders

Lola Lawal, LCPC | Champions Heart Oasis | 309-261-9662
Individuals (16 & older), couples, women and Christian counseling

Patti Ecker, LCPC | 309-239-5420 | Patti@PattiEckerCounseling.com
Adults (18 & older), Anger, boundaries, trauma, anxiety, depression, grief / loss, EMDR

Wilma McLaughln, LCPC | Wilma McLaughlin Counseling & Mediation PLLC | 309-838-8634
Relationships, Grief / Loss, Workplace concerns

GROUP PRACTICES

Agape Counseling | 309-663-2229 | www.agapecounselors.net | Bloomington

- **Hallie Harmon, LCPC** - Attachment issues, anxiety, adoption, trauma, depression
- **Kelsey Trunk, LCSW** - Autism, ADHD, anxiety, depression
- **Lisa Montgromery, LCPC** - Relationship issues, sexual abuse, divorce recovery, panic disorder

Breathe Counseling | 309-831-9558 | www.journeytobreathe.com | Bloomington & Heyworth

- **Sara Thompson, LCPC** - Unwanted relational patterns, anxiety, AEDP, polyvagal theory

The Compass Counselors | 309-590-6788 | www.thecompasscounselors.com | Bloomington

- **Ashley Frizzell, LCSW** - Helping children, teens & women work through unhealthy patterns of living
- **Bethany Gebur, PA-C / DMSc** - Mental Health medication management
- **Grace Longstreth, LPC** - Depression, anxiety, adolescence, addiction
- **Jenifer Nibbio, LCSW** - Codependency, boundaries, trauma, sexual abuse, divorce
- **Jennifer Belle, LPC** - Relationships, grief / loss, depression / anxiety, all ages
- **John Freshour, LCPC** - Men's issues, depression / anxiety
- **Ken Martin, LCPC** - Marriage, panic, fear, self-worth, addiction, men's issues
- **Paul Meuth, LPC** - Anxiety, depression, relationships, men's issues
- **Stephanie Brown, LCPC** - Anxiety, relationship issues, grief, parenting

Integrity Counseling | 309-827-9100 | Non-profit counseling agency - Income based fee for service

True North Counseling | 309-239-8292 | truenorthcounselingco.com | Bloomington and online

- **Alex Parlette, LCPC** - Couples, anxiety, depression, pornography addiction
- **Amy Long, LSW** - Addiction, anxiety, depression, couples, family, children trauma
- **Amy Perschall Nussbaum, LPC, DMin** - Relationship challenges, spiritual wellness, life transitions, youth / couples
- **Joan Russell, Counselor** - Family, children, anxiety, depression

Truth in Love Counseling | 309-585-0241 | www.truthinlovecounseling.com

- **Adam Hayes, MSN, APRN, PMHNP-BC** - Medication management of many diagnoses - MDD, GAD, OCD, PTSD, etc
- **Barton Shaw, LPC** - All ages, Anxiety, Depression, Trauma, Couples
- **Carrie Bussmann, LCPC** - Couples, Betrayal, Infidelity, Marriage Intensives
- **Jay Cummins, LCPC** - Helping men discern the truth about their past, EMDR
- **Jordan Halpin, LCPC** - CBT, DBT - Integrating a Christian world view into all her work; Teens, Adults, Mothers
- **Kathleen Bush, PhD, LCPC** - Family, Children, Attachment based work, Trauma
- **Keith Studnicki, LCPC** - Individuals / Couples, Anxiety, Depression, Grief
- **Kevin Crutcher, LCPC** - Neuroscience, Trauma of Children
- **Phil Foster, PhD** - Individual from youth to geriatric, Anxiety, Depression, BPD, OCD, Marital, Trauma/ PTSD
- **Shelley Bauer, LPC** - Religious trauma, Abuse, Couples
- **Susan Plezia, LCPC** - Young adults, College age, Adjustment issues, Trauma, Physical disability

Williams Psychological Services | 309-204-6766 | williamspsychological.org

- **Dr Cedric Williams, PhD, LCP** - Psychological evaluations & testing, brief couples therapy
- **Hannah Williams, AMFT** - Couples, families, individuals

- **Ashlyn Wingate, MS** - Academic achievement, cognitive/ adaptive functioning
- **Jason Sniff, LPC** - Helping individuals navigate life's transitions & challenges

Woodford & Associates | 309-431-4411 | jasonwoodford.lcpc@gmail.com

- **Hollie Perez, LPC** - Couples, addiction, anger, spiritual wellness, EFT, mindfulness-based sobriety
- **Jason Woodford, LCPC** - Anxiety, grief, divorce recovery, spirituality, men's concerns (ordained minister)

OUTSIDE OF BLOOMINGTON / NORMAL

Agape Counseling | 309-263-5565 | agapecounselors.net | Morton

- **Nathan Krahn, LCPC** - Adult, anxiety, depression, domestic violence, relationship issues
- **Greg Skibinski, LCPC, CSAT, CMAT, ADHD-CCSP** - Addictions (Chemical:Process), CBT, RET

Life Balance Counseling | 309-676-0538 | www.lifebalancecounselingpeoria.com | Peoria

- **Alan Moreland, CSAT** - Addiction: Gambling, Tech, Infidelity, Sex / Porn, Couples, Enmeshment
- **Josh Williamson, LPC** - Addiction, trauma, depression, anxiety, anger management, parenting
- **Les Perera, AMFT** - Couples, CSAT, Military
- **Shelby Valadares, MFT** - Marital / premarital, parenting, family conflict

Summit Family Therapy | 309-713-1485 | summitfamilytherapy.com | Peoria

- **Ryan Stivers, PhD, LMFT** - Trauma healing, shame, recovery, marital & couple therapy, substance recovery
- **Courtney Stivers, PhD, LMFT** - Partners impacted by infidelity, spiritual & religious trauma, purity culture recovery

COMMUNITY RESOURCES

- **The Baby Fold** | 309-452-1170 | Adoption preservation counseling
- **Neville House Hotline** | 309-827-7070 | Domestic abuse
- **Catalyst Ministries** | 309-200-8930 | Help for women in human trafficking
- **Stepping Stones (YWCA)** | 309-556-7000 | Recovery from sexual assault
- **PATH Crisis Hotline** | 211
- **ABC Counseling** | 309-451-9495 | Sexual behavior & adolescent trauma

MARRIAGE / TRAUMA INTENSIVES

- **The Smalley Institute** | www.smalleyinstitute.com/intensive
- **Healing Within (Tonya Bassett's trauma intensives)** | www.healingwithin-recovery.org

CERTIFICATIONS

- Licensed Professional Counselor (LPC)
- Licensed Clinical Professional Counselor (LCPC)
- Licensed Marriage Family Therapist (LMFT)
- Licensed Clinical Social Worker (LCSW)
- Certified Sex Addiction Therapist (CSAT)
- Certified Multiple Addiction Therapist (CMAT)
- Eye Movement Desensitization & Reprocessing (EMDR)